

Ultrasound Patient Preparation and Information

Patient Preparation:

☐ ***Obstetrical/Pelvic Examinations and Appendix***

A **full** bladder is required for this examination. **Finish drinking 4 large glasses** (32oz/950ml) of clear fluid (water, Coffee, Juice, tea – no milk) **1 Hour before** your appointment. **DO NOT VOID** until after the examination is finished. This examination usually takes 30 minutes.

☐ ***Upper Abdomen Examination: (Liver, Pancreas, Gall bladder, Kidneys, Spleen, Aorta, Biliary Tree, Lymph nodes)***

Please **Do not eat or drink** for 8 hours prior to your appointment time. You may take your medication with small sips of water. This examination usually takes 30 minutes. For children under 6 years of age: no preparation is required.

Combination Examination:

☐ ***Upper Abdomen + Pelvis/Obstetrical:***

A **Full** Bladder is required for this examination. Please **Do not eat** for 8 hours before your appointment. **Finish drinking 4 large glasses** (32oz/905ml) of clear fluid (water, Coffee, Juice, tea – no milk) **1 Hour before** your appointment. **DO NOT VOID** until after the examination is finished. This examination usually takes 45 minutes.

☐ ***Other Ultrasound and Vascular Examinations:***

No Preparation required.