



## ***X-RAY REQUISITION – Patient Preparations***

### **Stomach, Duodenum, and/or Small Bowel/ Intravenous Pyelogram (IVP):**

Nothing to eat or drink after midnight. No gum or smoking after midnight.

Diabetics: Please inform our receptionist about your diabetes when booking your appointment.

### **Barium Enema Preparation**

- Purchase Laxative Citromag or Colyte (if necessary) from pharmacy.
- Diabetic patients, please contact hospital dietician
- Continue taking your medications during the preparation.
- Patients with severe diarrhea or rectal bleeding, consult your physician before taking the laxative.
- Entire Large Bowel must be empty for a successful exam.

### **Citromag \*\* (2-day Preparation preferred)**

- Obtain ensure (meal replacement) from pharmacy.
- Preparation time 2 days.
- Drink 250 ml's of water every hour between, before and after meals until bedtime each day.
- Drink 2 (235ml cans) of Ensure for each meal for next 2 days.
- Clear fluid diet such as strained fruit juice, clear tea/coffee, pop, clear broth/consommé, (soup can also be taken instead of Ensure for 2 day preparation), Jell-O
- Between 2 & 4 p.m. day before exam slowly sip FULL bottle of chilled Citromag.
- Morning of Exam: Breakfast – strained fruit juice, clear tea/coffee.

### **Colyte**

- Following mixing instructions on the bottle and do not add flavoring to the mixture.
- Preparation Time: 4-6 hours
- Day before exam: Have lunch at noon.
- Start at 2 p.m and drink an 8oz. glass of Colyte and take further glasses every 10 minutes until bowel movements are clear.
- Supper – Clear fluids, clear broth/consommé, clear tea/coffee, jello.
- Morning of Exam: Breakfast – strained fruit juice, clear tea/coffee.

### **Colon (child)**

- No prep for children 10 and under.

### **Please Note:**

- Bring this requisition and your Ontario Health Card.
- Call the Booking Department (705) 434-5122 if you are unable to keep your appointment.
- We do our best to keep on time, but urgent and emergency patients take priority.

Diagnostic Imaging cannot perform any procedures without a physician signed requisition

